



CONSIDERING ANDROGEN DEPRIVATION THERAPY (ADT)?

Learn why lowering
testosterone (T) matters

INDICATION

FIRMAGON® (degarelix for injection) is a prescription medicine used in the treatment of advanced prostate cancer.

IMPORTANT SAFETY INFORMATION

- Do not receive FIRMAGON if you are allergic to degarelix or any of the ingredients in FIRMAGON.
- FIRMAGON can cause serious side effects.

Please see accompanying
full Prescribing Information
and additional Important
Safety Information
throughout this piece.



FIRMAGON®
(degarelix for injection)
120 mg, 80 mg



Welcome to your advanced prostate cancer (APC) treatment guide

If you've been diagnosed with APC, there is a lot to think about.

You have a well-informed treatment team that will partner with you in all important decisions on your APC journey, including choosing the ADT that's right for you.

Not all ADTs work the same way. That's why it's important for you to talk with your doctor to learn all about your ADT. You have a voice, and you deserve to be heard. Stay involved in your treatment decisions and keep talking with your healthcare team. Ask your doctor if FIRMAGON is the right ADT for you.

This brochure is designed to help you have a voice in your ADT decision.

Important Safety Information (continued)

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- Trouble breathing or wheezing
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Disorders of the heart's electrical activity. Your healthcare provider may do tests during treatment with FIRMAGON to check your heart for a condition called long QT syndrome.

Important Safety Information (continued)

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ADVANCED PROSTATE CANCER

An overview for you

Take a quick look at these APC facts

Many men diagnosed with prostate cancer receive different types of treatments, all with the goal of slowing progression of their disease—and very often the result is that people can live productive lives while on treatment.

- Prostate cancer is one of the most common cancers in men¹
- It is estimated that there were more than **268,000 cases** of prostate cancer in 2022—that's **more than 734 men every day**²
- **Approximately 1 in 8 men** in the United States will get prostate cancer in their lifetime³
- The majority of prostate cancers are **dependent on testosterone** for growth⁴

Understanding APC: why testosterone (T) matters

The prostate is usually the size and shape of a walnut and grows bigger as you get older.



Testosterone is a hormone that can stimulate prostate cancer growth.⁵

- Growth and function of the prostate gland depend on testosterone, a male sex hormone (or androgen) made mainly in the testicles⁵
- Cancer of the prostate gland develops when cells of the prostate show uncontrolled growth⁵
- High levels of testosterone help fuel prostate cancer growth⁵
- The goal of ADT is to stop the production or effects of testosterone in prostate cancer⁶
- FIRMAGON is a type of ADT that lowered testosterone nearly 90% on the first day⁷

Important Safety Information (continued)

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In the treatment of advanced prostate cancer (APC)

FIRMAGON takes a more direct path to testosterone suppression than leuprolide

Time to testosterone treatment goal⁸

1 TO 3 DAYS

Day 1 = 52%
reached their
treatment goal

Day 3 = 96%
reached their
treatment goal

By day 28, both groups
were similar

Time to testosterone treatment goal⁸

UP TO 28 DAYS

By day 28, both groups
were similar

FIRMAGON is an antagonist⁸

FIRMAGON is a gonadotropin-releasing hormone (GnRH) antagonist that stops testosterone suppression more directly at its main source, eliminating the possibility of an initial testosterone “surge” and any need for additional therapies to counteract surges.

FIRMAGON is a gonadotropin-releasing hormone (GnRH) antagonist available in the United States for the treatment of advanced prostate cancer (APC).

Leuprolide is an agonist^{5,9}

Leuprolide triggers a receptor called the luteinizing hormone-releasing hormone (LHRH) receptor, which results in an initial surge in testosterone. This initial surge subsequently reduces over a few weeks until T is suppressed. Additional medication may be required to prevent the effects of the testosterone surge.

Important Safety Information (continued)

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FIRMAGON dropped T fast

Testosterone Levels in the First 28 Days of FIRMAGON vs Leuprolide^{7*}



- FIRMAGON **dropped** T by 88%, 94%, 96%, 97%, and 98% on day 1, 3, 7, 14, and 28, respectively⁷
- Leuprolide **increased** T by 43%, 65%, and 8% on day 1, 3, and 7, respectively, and **dropped** T by 75% and 97% on day 14 and 28, respectively⁷
- By day 28, both FIRMAGON and leuprolide achieved similar testosterone levels⁸

*In a clinical trial (n=610) of FIRMAGON compared to leuprolide, FIRMAGON was shown to reduce and maintain testosterone levels below castration level (50 ng/dL) throughout the full 12-month study.¹⁰

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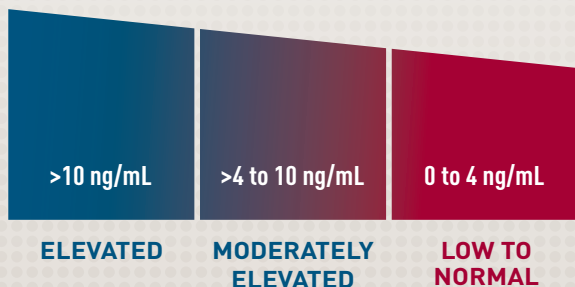
Please see accompanying full Prescribing Information and additional Important Safety Information throughout this piece.



WHAT TO KNOW ABOUT PROSTATE-SPECIFIC ANTIGEN (PSA)

Know your level

While no particular PSA level is considered “normal” or “abnormal,” the classifications below are often used.^{11,12}



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Understanding PSA levels

- Testosterone levels may affect PSA levels¹²
- PSA is a protein produced by cells in the prostate gland¹²
- When PSA levels are high, it can be due to prostate cancer or other noncancerous conditions¹²
- PSA is used to help diagnose and track the progress of your APC treatment, so you will likely have regular tests to check your PSA level¹³

FIRMAGON began reducing testosterone on day 1 by 88% and maintained PSA reduction over 12 months of treatment.^{7,8*}

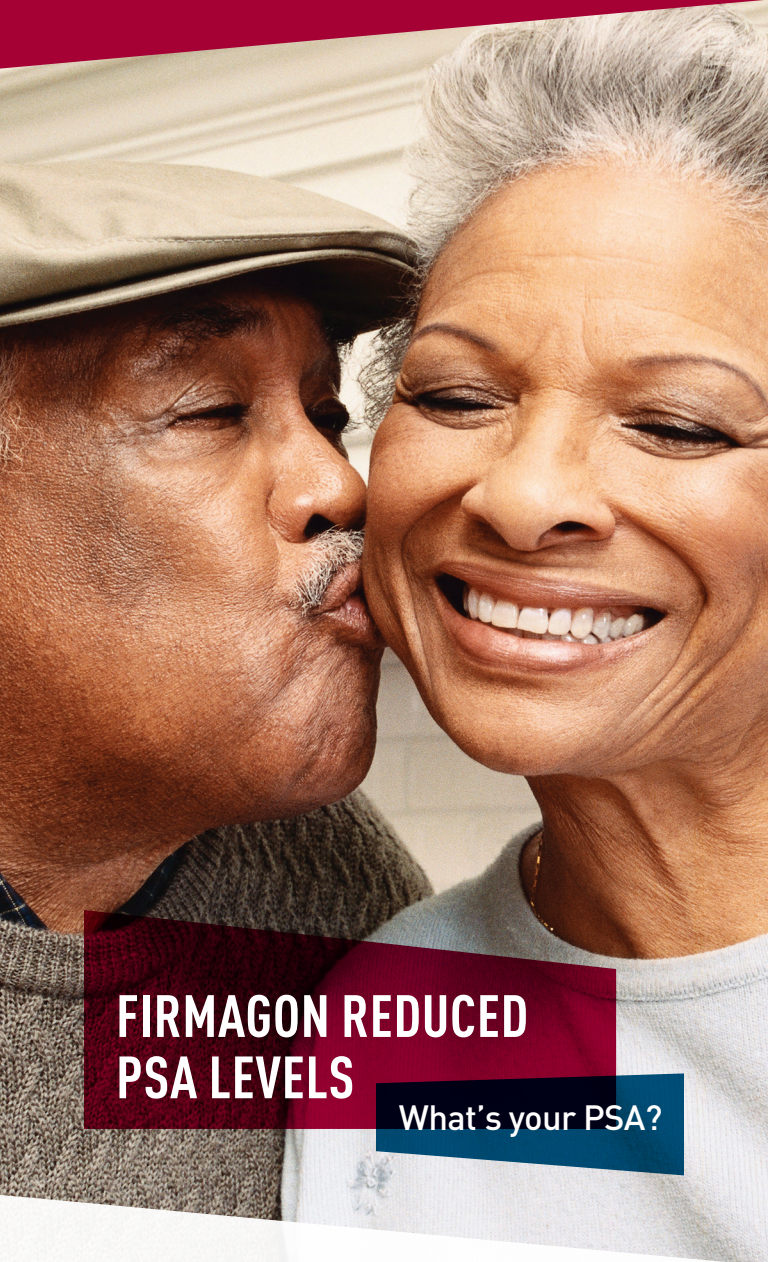
*PSA is a measure that may indicate that your prostate cancer has gotten worse. These results, which show a reduction of PSA, should be interpreted carefully. There is no proof that how quickly PSA drops has clinical benefit. Therefore, PSA level should not be seen on its own as evidence of the effectiveness of FIRMAGON.⁸

Important Safety Information (continued)

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FIRMAGON REDUCED PSA LEVELS

What's your PSA?

Important Safety Information (continued)

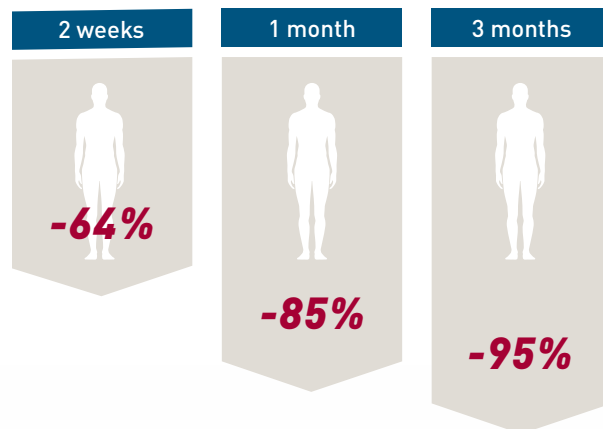
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FIRMAGON dropped PSA levels, too

- Testosterone levels can affect PSA levels
- FIRMAGON reduced median PSA levels by 64% by week 2, 85% by month 1, and 95% by month 3⁸*
- FIRMAGON is proven to maintain PSA suppression through 12 months of treatment⁸
 - Therefore, PSA level should not be seen on its own as evidence of the effectiveness of FIRMAGON

PSA Levels After Starting Treatment⁸



*PSA is a measure that may indicate that your prostate cancer has gotten worse. These results, which show a reduction of PSA, should be interpreted carefully. There is no proof that how quickly PSA drops has clinical benefit.⁸

Important Safety Information (continued)

Tell your healthcare provider if you have any side effects that bother you or that does not go away. These are not all the possible side effects.

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HAVE A VOICE

Get involved in your treatment decisions

The diagnosis of APC probably gave you a lot to think about—and raised lots of questions

Let your voice be heard when you connect with your treatment team. Keeping in touch with your treatment team is one important way to stay on top of your health and be involved in your treatment decisions.

You and your loved ones will learn all you need to know by keeping the line of communication open and active.



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Questions you may find useful when talking with your treatment team

- What is the main goal of therapy?
- How soon does FIRMAGON get me to my testosterone and PSA goals?
- How will I know my ADT is working?
- How do I track my ADT progress?
- How long will I be taking this medicine?
- How do I keep regular contact with my treatment team?
- What resources are available to me to cope with feeling nervous and anxious about my APC diagnosis?
- How frequently can we touch base?

You may also want to know about testosterone and PSA.

- Checking your testosterone and PSA levels monthly when starting ADT can help track the progress of your APC treatment¹²
- Ask your doctor about what to expect with monthly monitoring of testosterone and PSA

Every month is a chance for you to connect with your treatment team.

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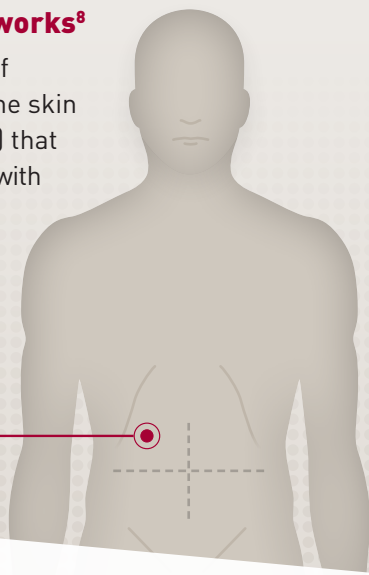
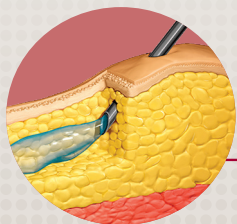
PREPARING FOR TREATMENT

Your FIRMAGON injections

FIRMAGON is given in your doctor's office monthly (every 28 days) in a deep subcutaneous (below the skin) injection in the abdomen. The starting dose consists of 2 injections (120 mg each). After that, you will receive a single, smaller (80 mg) injection.⁸

How FIRMAGON works⁸

There is a storage of FIRMAGON under the skin (also called a depot) that supplies your body with the right amount of treatment over time.



Important Safety Information (continued)

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Simple ways to take care of the injection site



Keep the injection site clean



Wear comfortable, loose-fitting clothing that does not rub against the injection site



Avoid rubbing or scratching the area



Make sure your healthcare provider chooses a different injection location from last time and avoid receiving an injection at or near areas where adverse skin reactions occurred in the past

Postinjection tips!

- Make sure that belts or waistbands do not rub against the injection site
- Take time to ask your treatment team any questions before leaving. Write down the answers so you can refer back to them anytime
- Make sure you set up your next appointment for your monthly check-in with your treatment team and FIRMAGON injection

If you have any concerns between visits, create a list of questions to ask your treatment team.

Important Safety Information (continued)

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AFTER YOUR TREATMENT

Talk with your healthcare team to track your progress

FIRMAGON has a well-established safety profile.¹⁰

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Here's what to know

FIRMAGON is an ADT, and as with any ADT you may notice aftereffects of the medicine. If you have any questions or concerns, speak with your treatment team immediately.

Possible Side Effects of FIRMAGON[®]

- Hot flashes
- Injection site pain
- Redness and swelling
- Weight loss or gain
- Increase in some liver enzymes
- Decreased sex drive
- Erectile function problems

These are not all the possible side effects. For more information, ask your healthcare provider or pharmacist. For full side effects, please see the full Prescribing Information.

Tell your healthcare provider if you have any side effects that bother you or that do not go away.

You may report side effects to the FDA at 1-800-FDA-1088.

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SUPPORT FOR PATIENTS AND CAREGIVERS

Many organizations and networks are available to give you valuable information and helpful tips

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Support is important for you and your loved ones

Together with your family and treatment team, you will have the support you need to stay on top of your progress.

Here are some organizations that you may find useful.

Prostate Cancer Advocacy & Support

Prostate Cancer Foundation

1-800-757-CURE (2873) / www.pcf.org

ZERO

1-202-463-9455 / www.zerocancer.org

Patient & Caregiver Support

Help for Cancer Caregivers

www.helpforcancer caregivers.org

Cancer.Net

www.cancer.net

CancerCare

1-800-813-HOPE (4673) / www.cancercare.org

United States Department of Agriculture

www.usda.gov

Cancer Education & Research Organizations

American Cancer Society

1-800-227-2345 / www.cancer.org

National Cancer Institute

1-800-4-CANCER (422-6237) / www.cancer.gov

These resources are provided solely for your information and convenience. This should not be considered an endorsement by Ferring of any of the organizations listed.

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Staying in touch with your treatment team, month by month, keeps you informed on your APC progress

- Start achieving your testosterone (T) suppression goal today with FIRMAGON
- Now that you've learned about APC and the importance of discussing your ADT options with your doctor, it's time to use that information and have your voice heard

Ask your doctor about FIRMAGON to find out if it's the right ADT choice for you.
Visit [FIRMAGON.com](https://www.ferring.com) for more information.

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You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit [www.FDA.gov/medwatch](https://www.fda.gov/medwatch) or call 1-800-FDA-1088.

You may also contact Ferring Pharmaceuticals Inc. at 1-888-FERRING.

References: 1. Centers for Disease Control and Prevention. Prostate Cancer Statistics. <https://www.cdc.gov/cancer/prostate/statistics/index.htm>. Accessed March 21, 2023. 2. National Institute of Health, National Cancer Institute, Surveillance, Epidemiology, and End Results Program. SEER stat fact sheets: Prostate cancer. <http://seer.cancer.gov/statfacts/html/prost.html>. Accessed March 8, 2023. 3. Prostate Cancer Foundation. Why give to PCF. http://www.pcf.org/site/c.leJR10rEpH/b.5800851/k.645A/Prostate_Cancer_FAQs. Accessed March 8, 2023. 4. National Institute of Health, National Cancer Institute. Hormone therapy for prostate cancer fact sheet. <https://www.cancer.gov/types/prostate/prostate-hormone-therapy-fact-sheet>. Accessed March 8, 2023. 5. Gomella LG. Effective testosterone suppression for prostate cancer: Is there a best castration therapy? *Rev Urol*. 2009;11(2):52-60. 6. American Cancer Society. Hormone therapy for prostate cancer. <https://www.cancer.org/cancer/prostate-cancer/treating/hormone-therapy.html#whenishormonetherapyused>. Accessed March 8, 2023. 7. Data on file. Ferring Pharmaceuticals Inc. 8. FIRMAGON [package insert]. Parsippany, NJ: Ferring Pharmaceuticals Inc. 9. LUPRON DEPOT [package insert]. North Chicago, IL: AbbVie Inc. 10. Klotz L, Boccon-Gibod L, Shore ND, et al. The efficacy and safety of degarelix: a 12-month, comparative, randomized, open-label, parallel-group phase III study in patients with prostate cancer. *BJU Int*. 2008;102(11):1531-1538. 11. National Cancer Institute. Prostate-specific antigen (PSA) test. <https://www.cancer.gov/types/prostate/psa-fact-sheet>. Accessed March 16, 2023. 12. American Cancer Society. Prostate cancer early detection, diagnosis, and staging: Finding prostate cancer early. <https://www.cancer.org/content/dam/CRC/PDF/Public/8795.00.pdf>. Accessed March 21, 2023. 13. National Comprehensive Cancer Network. NCCN Clinical Practice Guidelines in Oncology. Prostate Cancer V.1.2023. https://www.nccn.org/professionals/physician_gls/pdf/prostate.pdf. Accessed March 30, 2023.



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